GRIT

Passion and perseverance for long-term goals
PROACTIVITY
Taking initiative
GROWTH MINDSET

Believing you can improve your abilities
SELF-CONTROL

Doing what’s best despite short-term temptations
CURIOSITY

Wanting to know more
INTELLECTUAL HUMILITY

Recognizing the limitations of your knowledge
CREATIVITY

Thinking of novel solutions
JUDGMENT

Getting as close as possible to the best answer
DECISION MAKING

Choosing wisely
HONESTY

Telling, and not hiding, the truth
PURPOSE

Commitment to making a meaningful contribution to the world
KINDNESS

Actions or speech intended to help others
GRATITUDE

Appreciating what you’ve been given
EMOTIONAL INTELLIGENCE

Understanding your feelings and using them wisely
SOCIAL INTELLIGENCE

The ability to connect with other people